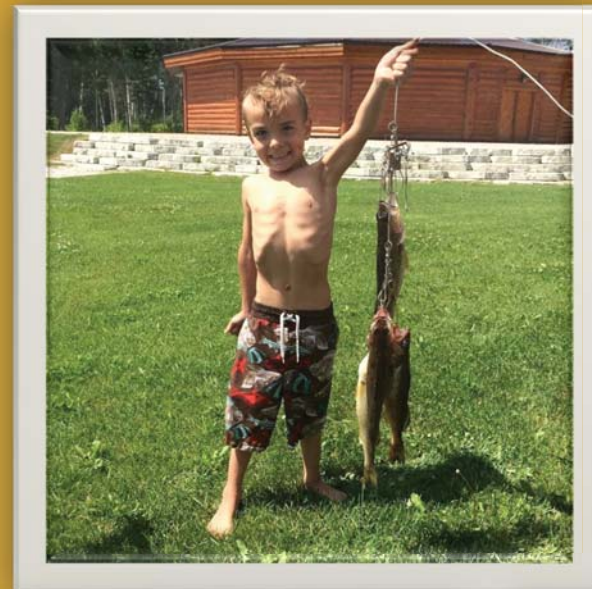


**Submitted Photographs of Community Members  
Out on the Land**



If you would like to submit family photos from your time spent out on the LDMLFN land base please email them to: [ldmlfn@tbaytel.net](mailto:ldmlfn@tbaytel.net). Include "Pictures for the newsletter" in your subject line.

# NEZAADIKAANG NEWS

*Towards a healthy and informed community*

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**Live Free Live Righteous Unites Thousands**

At the end of August, people of all ages came together to celebrate great music in support of ongoing community initiatives happening in the District of Thunder Bay that promote positive lifestyles and respectful relationships.

Proudly hosted by our community of Lac des Mille Lacs First Nation, the *Live Free Live Righteous* concert coordinated the musical talents of 6 electronic musical acts headlined by the Indigenous Juno-award winning group *A Tribe Called Red*.

Despite the chilly temperatures, entire families came out to Fort William Historical Park to listen to amazing music while making a personal commitment to living a life that reflects positive social values including respect, anti-racism, anti-bullying, anti-hate, and gender equality.

*(story continued on page 2)*



"Seeing all of the people who came out in support of the positive values *Live Free Live Righteous* is meant to promote re-affirms our belief that this is the type of event people in this community are hungry for," said Event Coordinator and LDMLFN Band Member Anthony Maunula. "It's without question that this event would not have been possible without the generous support of our sponsors, volunteers and vision of our leadership...thank you to everyone who was part of this initiative." Building up to ATCR's stellar performance, were five (5) additional amazing acts including Keys N Krates, Sydney Blu, D.O.D., Classic Roots, and Blacksheep. Both Classic Roots and Blacksheep are represented by AK Management, a Toronto-based company founded by LDMLFN Band Member Bruce Barber!



"It was really great to see so many people taking a stance against negative and harmful behaviours that divide our community" added LDMLFN Chief Whitecloud. "Given the success of this event, we are already planning ahead for next year!"

For more information about Live Free Live Righteous please visit [www.livefreeliverighteous.com](http://www.livefreeliverighteous.com)

LDMLFN would like to extend congratulatory remarks to Classic Roots and Bruce Barber of AK Management for receiving the "Best Pop CD" at the Indigenous Music Awards held this past September in Winnipeg, Manitoba!

*"Everyone who is successful must have dreamed something" – Maricopa Proverb*



**Don't Forget to Register for Upcoming Fall Activities!**

**October 22, 2015: Halloween Social**  
LDMLFN will be hosting our Annual Halloween Social at Gammondale Farm (outskirts of Thunder Bay, ON). The evening will consist of various activities including Halloween games and crafts, horseback riding, a visit to the animal farm, hay rides, draws, pumpkin catapulting and the Haunted Cornfield. BBQ hot dogs, hamburgers, cake and hot chocolate will be served. Come on out and enjoy an evening of fun-filled activities.

**October 25, 2015: Haunted Fort Night**  
For the Haunted Fort Night, Fort William Historical Park transforms into a giant spook-house at night. The Halloween event takes visitors on eerie tours of dark, brooding Fort William where startling incidents begin to happen along the way. Visitors move from building to building encountering strange characters, where unsettling, ghostly storylines emerge! Due to startling scenes, the Fort Night is not recommended for children under age 12. Anyone who loves a hair-raising scare will enjoy the Haunted Fort Night.

**For more information or to register for these events, please contact:**  
**Curtis Primeau - Community Wellness Worker**  
**(807) 622-9835 Ext. 231**  
[curtisprimeau@tbaytel.net](mailto:curtisprimeau@tbaytel.net)

**Upcoming Community Kitchen- Location:**  
**Band Office**  
**October 20, 2015**  
**November 26, 2015**

**Please contact Marcia Pedri, Health Director, to register (807) 622-9835 ex. 233**

**Sewing Spirits Starts Again**

LDMLFN is happy to announce Sewing Spirits has started once again! For those of you who are not familiar with Sewing Spirits, it is a weekly gathering of community members who come together to learn and share cultural knowledge and experience. Under the guidance of Elder(s), experienced artists help people plan and make a number of cultural and traditional items like different kinds of regalia, drums, feather holders, leather moccasins, and gauntlets. These weekly gatherings also include traditional teachings, guest speakers and artist demonstrations. Light refreshments are served and no experience is required! All you need is a desire to celebrate our Anishinaabe culture... and have fun!

This is the fifth year this initiative has taken place and it continues to grow. 40 individuals are registered this



year alone. All materials and supplies are provided, which makes Sewing Spirits more accessible to our community members. Sessions are held every Wednesday at the West Thunder Community Center (915 Edward St. S) from 6:00 PM - 9:00 PM

Please call Marcia Pedri at (807) 622-9835 Ext 233 for more information.

**Celebrating 119 Graduates of Post-Secondary Education Programs in 9 Years!**

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Did you know that in the last 9 years members of our Band have successfully completed 119 post-secondary programs?

This means members of our community are equipped with a variety of certificates, diplomas, and degrees to help them achieve their life goals.

Just to give you an idea of the breadth of educational expertise acquired over the last 9 years, below is a breakdown of how many designations have been awarded:

Trade & Professional Certificates- 64

College Diplomas- 34

Undergraduate Degrees (including Honors)- 17

Graduate Degrees- 5

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**Congratulations to all of our LDMLFN graduates! Keep up all the hard work!**

**Status Cards Now Issued at Band Office**



Band Members that are in need of a new Certificate of Indian Status Card (CIS) can now visit our Band Office on Mountain Road. Having recently completed all required training, receptionist Honey Chicago earned the title of “Indian Registration Administrator” (IRA). Status Cards will be issued on Wednesdays (1:00 p.m. to 3:00 pm.) by scheduled appointment only. Please note that at this time, LDMLFN is only issuing cards to Band Members registered with the First Nation.

Individuals wishing to access this service must follow these steps:

- 1) Contact Honey Chicago at the Band Office to schedule an appointment. Please remember that appointments can only be made on Wednesdays and Honey will do her best to schedule you in to the earliest timeslot available.
- 2) When you come to your appointment, you must bring a copy of your birth certificate (long or short form), or two pieces of valid government-issued ID (Provincial or Federal)\* Please check our LDMLFN website for updated information about what you need to apply for your card

Please note that only the older laminated Status Cards will be issued through the LDMLFN Band Office. Individuals wishing to apply for the new Secured Certificate of Indian Status must do so through an AANDC issuing office and can visit <https://www.aadnc-aandc.gc.ca> for more information.

**From the Office of Chief and Council**

**Boozhoo to our Membership and Families!** We hope that all of our families are in good health and good spirits as we welcome in the fall season and start preparing for the colder months ahead. Fall is always a busy time out on the land for our people as they hunt moose and engage in other land-based traditional sustenance activities.

**Community Land Base**

We are extremely pleased to report that many of our community members were able to spend time out at the community land base throughout the summer months. Almost every weekend, our Cultural Complex was booked with community members who wanted to spend time out on the land and the water with their families. People both young and old were able to access their traditional lands because of the development, which provides a communal space for people to gather. We continue to fulfill our commitment to helping our members return to their ancestral territory as we carry on with the lot surveying and our negotiations with AANDC for water and infrastructure funding. The upcoming federal election has affected the flow of information to and from our leadership and has hindered the federal government’s decision-making process, but we are hopeful that we will have a finalized commitment to outfit the lots with septic systems and wells in the very near future.

We are also happy to announce that when the Cultural Complex is not being utilized by community members, we are able to host other First Nation community members and organizations who require space for educational and administrative activities. It is good for our community to continue to build strong relationships with other Anishinabe communities and organizations. Moreover, opening our Complex to these partners also generates revenue to maintain our beautiful facility and keep our development plan moving forward.

**Flood Claim Negotiations**

Our Flood Claim Negotiations Team continues to liaise with both the federal and provincial Lead Negotiators. Since the Summer Newsletter, we have applied ongoing pressure to both provincial and federal levels of government and we have made significant progress. Finalization of this process will require an easement agreement that is approved by all parties and we are working diligently to achieve this. We anticipate a detailed response following the October election. We are still aiming to be in a position to reach a final settlement by the end of 2015. When this occurs, it will then go to the membership for a Referendum Vote, to either accept or reject the offer. In order to ensure we are prepared, we have also instructed our legal counsel to begin the process of establishing a trust.

**Dallan Forestry Update**

In the month of August, a new collective bargaining agreement was reached between Dallan and Resolute’s Fort William Sawmill. We are very pleased to say, that to date, 11 Band/community



**Our Purpose in Mino Bimaatiziwin (life)**

To improve the quality of life, social and cultural wellbeing of the membership for present and future generations.

**Our Community Development Vision**

To be a progressive, proactive and financially responsible community with proud, united and self-driven members who embrace their culture and are committed to re-establishing their spiritual connection to the land.

**Our Mission in Community Development**

To fulfill our purpose and in our journey towards our vision, the Lac des Mille Lacs First Nation is committed to rebuilding a strong sense of community and embracing a holistic approach and inclusive process for healthy community development.

\*The above information is taken from our Community Strategic Plan, which you can view on our website at [www.lacdesmillelacsfirstnation.ca](http://www.lacdesmillelacsfirstnation.ca)

**From the Office of Chief and Council (continued)**

members are employed by Dallan, and this continues to grow. This impacts and represents 11 of our families. Approximately 33% of Dallan’s workforce is made up of Aboriginal workers from LDML and surrounding communities. Dallan has four mill yard services contracts with Resolute Forest Products covering their Thunder Bay Pulp Mill, Thunder Bay Sawmill, Atikokan Sawmill and Ignace Sawmill.

If you are interested in employment, please contact our Education and Training Director, Mark Berkan, at 807-622-9835 ext 226 or email [markberkan@tbaytel.net](mailto:markberkan@tbaytel.net)

**Housing Policy Update**

The Housing Committee has been working hard to prepare the first draft of our community housing policy. It is of utmost importance that we ensure that there is safe habitat for all, including all of our visitors. This is in alignment with our community’s overall purpose of menobiiimadiziwin—to improve the quality of life, social, and cultural wellbeing of our people, now and into the future. With the near completion of the lot surveying (in accordance with federal policies) we are pleased that this draft is nearing completion and we look forward to presenting it to our community members.

**Christmas Gathering**

Our annual Christmas Gathering will be held on Sunday December 6, 2015 at the Victoria Inn in Thunder Bay. We will be hosting an afternoon with Santa for our children and youth on December 5, 2015. Please check our website [www.lacdesmillelacsfirstnation.ca](http://www.lacdesmillelacsfirstnation.ca) for times and to access the most accurate information about our community

**For more information or to suggest a story for the next issue, please contact your Lac des Mille Lacs First Nation Band Office at (807) 622-9835 and leave your name and contact information. [www.lacdesmillelacsfirstnation.ca](http://www.lacdesmillelacsfirstnation.ca)**



**Get Your Flu Shot!**

A friendly reminder to all of our families that the flu season is upon us! In order to protect yourself, your loved ones, and your co-workers, you can get a flu vaccine. Flu vaccine clinics start in October and typically run until December. Here are some other ways you can reduce your risk of getting the flu:

- Wash your hands frequently
- Stay at home if you start to feel unwell
- Disinfect commonly used areas
- Cover your sneezes and coughs in the right way

Please visit your local Health Unit website for nearby flu vaccine clinic times and locations. In the District of Thunder Bay visit [www.tbdhu.ca](http://www.tbdhu.ca). Additionally, you are welcome to call the LDMLFN Health Director at (807) 622-9835 ex. 233 for assistance; email: [marciapedri@tbaytel.net](mailto:marciapedri@tbaytel.net)

**Important Information Regarding Dental Hygiene Services**

Lac des Mille Lacs First Nation is happy to announce that community members can access dental hygiene services through a new program, called the Non-Insured Health Benefits Direct Billing Dental Hygiene Pilot Project. This project is spearheaded by the Chiefs of Ontario Health Directorate. The goal of the project is to enhance the accessibility of regular dental cleanings to First Nation individuals living both on and off reserve.

There are several Dental Hygienists in the Thunder Bay area who are registered with the program and are happy to accept your Status Card at the time of your appointment. There is no need for you to pay out of pocket and seek reimbursement, providing your status card is valid (not expired). Please note that the yearly maximum amount of dental cleanings, which NIHB funds per individual, has not changed.

Below is a list of Dental Hygienists who you may contact directly:

Michelle Browchuk RDH: 807-344-8533 807-627-2839 <a href="mailto:browz@shaw.ca">browz@shaw.ca</a>	Maheen Cassim, RDH: 807-285-3493 807-251-3133 <a href="mailto:maheen@naturalsmilesboutique.com">maheen@naturalsmilesboutique.com</a>	Gail Marion, RDH: 807-474-8474 Linda Jung 807-621-0227
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If you require assistance or would like more information please contact [marciapedri@tbaytel.net](mailto:marciapedri@tbaytel.net)